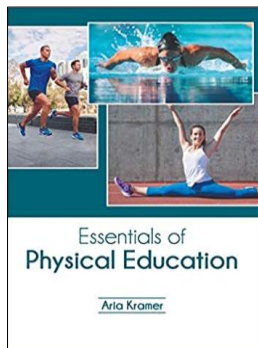


PHYSICAL EDUCATION

SCOPE

A social and pedagogical process constituting an organic part of general upbringing. Physical education is intended to strengthen one's health and harmoniously develop the body. It improves one's physical attributes and skills, helps develop and perfect motor skills necessary in everyday life and work, and eventually leads to physical perfection. The basic methods of physical education are physical exercises (specially selected natural movements and series of movements, for example, those used in gymnastics and track and field), various sports, and hardening of the body (using healthful natural forces, such as sun, air, and water). Also important are the observance of healthful habits at work and in daily life and the mastering of special knowledge and skills for exercising, hardening the body, and maintaining personal and public hygiene. The goals, content, organization, and methods of physical education, which are conditioned by socioeconomic structure, reflect class ideology. [Source: encyclopedia2.thefreedictionary.com]



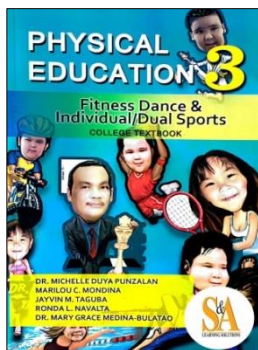
Essentials of Physical Education (2019)

Kramer, Aria [editor]

CO GV203 .E88 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Physical education is an educational discipline related to the maintenance of human health through physical exercises. Such education emphasizes on psychomotor learning and is imparted to children between primary and secondary education. Physical education is important for the overall health and well-being of students. It encompasses a wide variety of physical activities such as hiking, bowling, Frisbee, regular sports and yoga as well as self-defense and martial arts. The curriculum is generally designed to provide exposure to aquatics, gymnastics, dance, rhythms, team sports, etc.



Physical Education 3: Fitness Dance & Individual/Dual Sports; College Textbook (2019)

Punzalan, Michelle D.

CO-FI GV341 .P86 2019

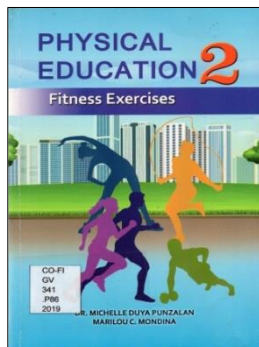
Located in Fr Jose T Bacatan SJ Library – Filipiniana Section

This book is divided into six chapters. It concentrates on the fitness dance, including individual dual sports and the importance of fitness activity. This aims to develop the different components of dance for fitness and value the health benefits of fitness dance.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



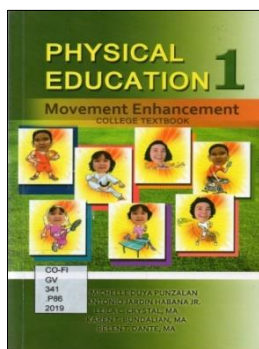
Physical Education 2 : Fitness Exercises ; College Textbook (2019)

Punzalan, Michelle Duya

CO-FI GV341 .P86 2019

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section

The book contains various exercises that the learners can perform based on their fitness goal that the students can perform their ability and capabilities true varied physical activities. Physical activity participation to achieve and maintain health-enhancing levels of fitness.



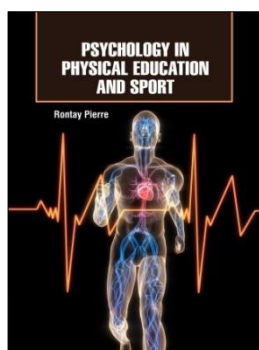
Physical Education 1: Movement Enhancement; College Textbook (2019)

Punzalan, Michelle D.

CO-FI GV341 .P86 2019

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section

This book is divided into five chapters. Concentrate on the human body movement, including the importance of physical fitness. Knowing your body movements to provide training in different movement patterns and core engagement in conjunction with principles of healthy eating and being physically active.



Psychology in physical education and sport (2019)

Pierre, Rontay

CO GV342.22 .P54 2019

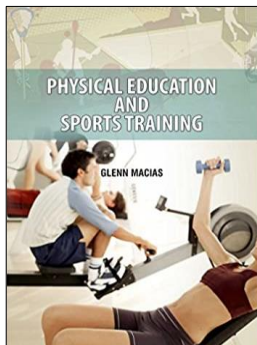
Located in Fr Jose T Bacatan SJ Library – Circulation Section

The book will be a valuable reference for practicing coaches and sport psychologists who did not have the opportunity for such training in their own formal education. The whole book is arranged into nine comprehensive chapters providing relevant information of sport psychology. Hopefully, the present study will prove very useful for the physical educators, prospective coaches, students and teachers of physical education, sportsperson, as well as for the general readers.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



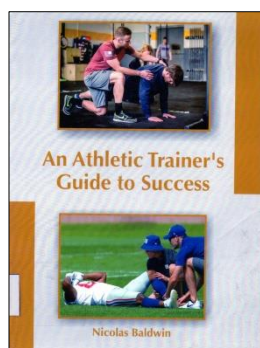
Physical education and sports training (2019)

Macias, Glenn

CO GV361 .M33 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

This book concentrates on an understanding of the effects of physical education and sport training. It delineates those aspects of physical education which concentrate upon these factors, delineating physical education programs in a more in-depth manner. The book also included the critical approach to the issues, comprehending the various nuances which are central to a positive and healthy physiological and psychological growth through physical education.



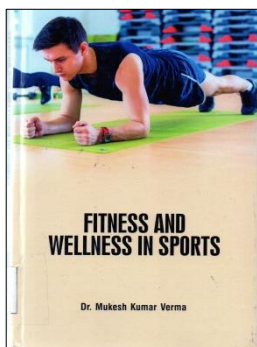
An Athletic Trainer's Guide to Success (2019)

Baldwin, Nicolas

CO GV411 .B35 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

An athletic trainer is a licensed and certified professional who works in the field of sports training and coaching. The roles and responsibilities of an athletic trainer are manifold. These encompass the prevention and treatment of bone and muscle injuries, management of rehabilitation programs, creation of exercise, training and fitness modules, and the organization of various training programs.



Fitness and Wellness in Sports (2019)

Verma, Dr. Mukesh Kumar

CO GV567.5 .F58 2019

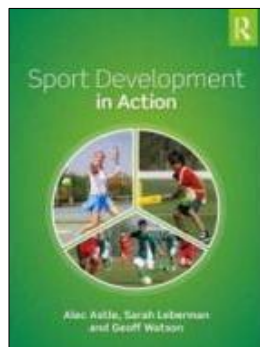
Located in Fr Jose T Bacatan SJ Library – Circulation Section

Physical Fitness and Wellness is consisted of all the essential ingredients of physical fitness and wellness required for sportsperson, athletes etc. It is specially intended for the athletes, sportspersons, prospective coaches, physicians etc., as it has all the necessary contents pertaining physical fitness, viz., physical fitness activities, evaluation of physical fitness activities, evaluation of physical fitness, nutrition and weight control, fitness examination, weight training etc.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



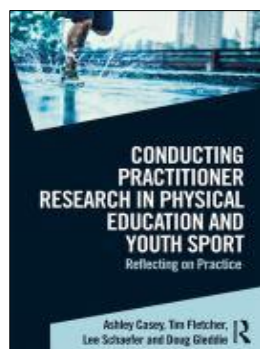
Sport Development in Action : Plan, Programme and Practice (2019)

Astle, Alec

CO GV713 .A8 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

This practical textbook explains the sport development process from a practitioner's viewpoint, showing what actually works, how, and why. Focusing on the development of sport, the book considers the efforts of sport organisations to revitalise their sports at a community level to ensure their future relevance, growth, and sustainability.



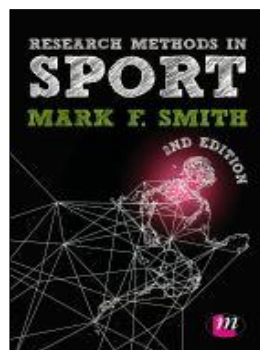
Conducting Practitioner Research in Physical Education and Youth Sport: Reflecting on Practice (2018)

Casey, Ashley

CO GV361 .C29 2018

Located in Fr Jose T Bacatan SJ Library – Circulation Section

There is now a widespread expectation that teachers and coaches should be reflective practitioners, an expectation written into national standards of education in many countries. This innovative book introduces the methods by which teachers and coaches can conduct research into their own professional practice and therefore become more effective reflective practitioners, improving their students' learning as a result.



Research Methods in Sport (2018)

Smith, Mark F.

CO GV706.8 .S58 2018

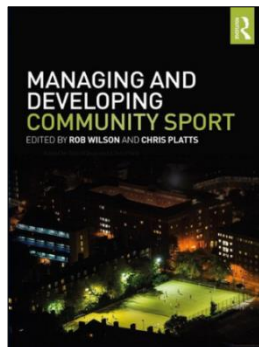
Located in Fr Jose T Bacatan SJ Library – Circulation Section

Packed full of essential tools and tips, this second edition is your quick-start guide to undertaking research within real world of sport. Using clear, accessible language, Smith maps an easy-to-follow journey through the research process, drawing upon the most up-to-date evidence and resources to help you select the most appropriate research approach for your project.

Search library resources at: <http://210.213.146.180:8080/#section=home>

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PHYSICAL EDUCATION



Managing and Developing Community Sport (2018)

Wilson, Rob [editor]

CO GV713 .M6313 2018

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Can sport and physical activity (PA) be used to improve the communities we live in? How do community groups manage facilities that provide sport and PA? How can managers ensure the services they deliver meet the needs of their community? What role should community sport schemes play in society? Answer these questions and more in this, the first textbook to focus on the theory and practice of community-level sport management and development.



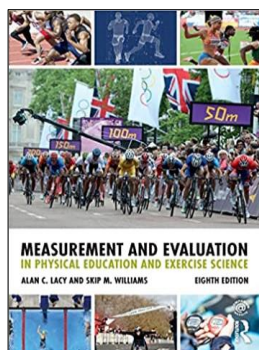
Physical Education and Health (2018)

3G E-Learning

CO GV341 .P39 2018

Located in Fr Jose T Bacatan SJ Library – Circulation Section

This book is an exploratory and introduction course which leads you to Physical Education and Health Certificate Level 1. In this edition units have been revised and new topics are added to make each subject matter more interesting and easier to understand by the students. It aims to inspire learners in striving harder by developing a sense of responsibility and commitment as they go along with the course.



Measurement and Evaluation in Physical Education and Exercise Science (2018)

Lacy, Alan C

CO GV436 .L33 2018

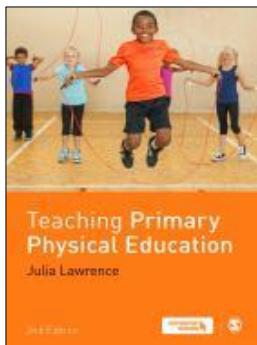
Located in Fr Jose T Bacatan SJ Library – Circulation Section

Written by two academics with backgrounds in physical education teacher education (PETE), the book emphasizes the link between theory and practice and reflects the most recent changes in national physical education programs. It covers a full range of introductory topics, including current trends in measurement and evaluation, program development, statistics, test selection, and an expanded chapter on alternative assessment, before introducing.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



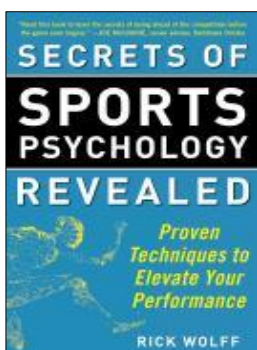
Teaching Primary Physical Education (2018)

Lawrence, Julia

CO GV443 .L396 2018

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Physical education is an important part of the primary curriculum and one that provides unique challenges for those involved with its teaching. This book offers a balanced and comprehensive overview of the subject, covering issues such as safe practice in PE, inclusion, subject leadership and cross-curricular approaches supported by an accessible theory-informed approach.



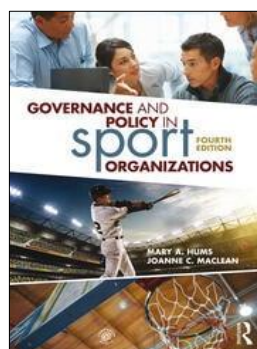
Secrets of Sports Psychology Revealed: Proven Techniques to Elevate your Performance (2018)

Wolff, Rick

CO GV706.4 W55 2018

Located in Fr Jose T Bacatan SJ Library – Circulation Section

The world of sports psychology and in the introduction of mental-skills coaches has exploded into the athletic mainstream over the last few decades. Before then, the attitude regarding such training was extremely conservative and “old school” - the prevailing philosophy was that “any athlete who needs to talk with a shrink needs to have their head examined”.



Governance and Policy in Sports Organizations (2018)

Hums, Mary A

CO GV713 .H86 2018

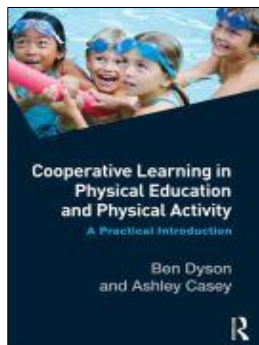
Located in Fr Jose T Bacatan SJ Library – Circulation Section

Now in a fully updated new edition, this textbook introduces readers to the power and politics of sport organizations. It explores the managerial activities essential to good governance and policy development, and looks at the structure and functions of individual organizations within the larger context of the global sport industry.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



Cooperative Learning in Physical Education and Physical Activity: A Practical Introduction (2016)

Dyson, Ben

CO GV361 .D97 2016

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section

This book introduces Cooperative Learning as a research-informed, practical way of engaging children and young people in lifelong physical activity. Written by authors with over 40 years' experience as teachers and researchers, it addresses the practicalities of using Cooperative Learning in the teaching of physical education and physical activity at any age range.



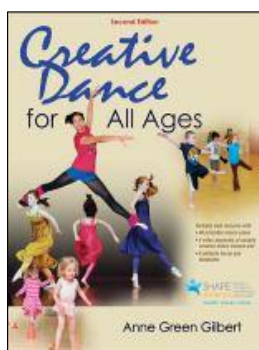
Safe Dance Practice (2015)

Quin, Edel

CO GV1782.3 .Q85 2015

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Every dancer of every age, ability, and style should be able to engage fully in the act of dancing and be encouraged to achieve their potential without risk of harm to the body or mind. Practical information on all aspects of safe practice that is not too simplistic or complex has not always been easy to find.



Creative Dance for All Ages: A Conceptual Approach (2015)

Gilbert, Anne Green

CO GV1799 .G55 2015

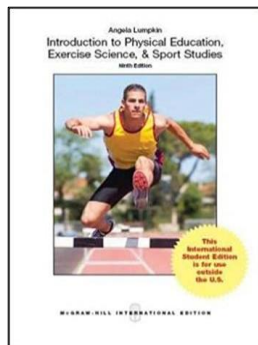
Located in Fr Jose T Bacatan SJ Library – Circulation Section

This second edition of the classic text directs dance teachers through what they need to know to teach creative dance from pre-K through adult levels in a variety of settings. It includes a sequential curriculum, lesson plans, editable forms, and teacher strategies created by master teacher Anne Green Gilbert.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



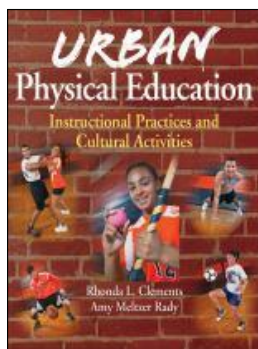
Introduction to Physical Education, Exercise Science, and Sport Studies (2014)

Lumpkin, Angela

CO GV341 L86 2014

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Provides students with an opportunity to discover the diversity of physical education and sport and the wealth of careers available in these fields. This title introduces students with the heritage, programs, and future potential of their majors through the explanation of the origins of different careers and the skills necessary to perform them.



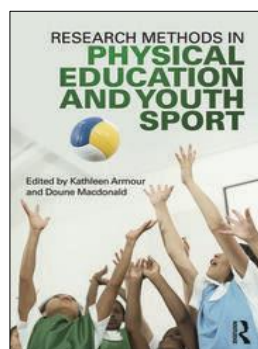
Urban Physical Education: Instructional Practices and Cultural Activities (2012)

Clements, Rhonda L.

CO GV341 C54 2012

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Urban Physical Education presents 40 ready-to-use cultural games, modified sports, and contemporary sport and performance activities. The text provides a broad background on issues facing PE teachers working in urban settings and outlines culturally responsive instructional strategies to help PE teachers become effective teachers and leaders of a diverse student body.



Research Methods in Physical Education and Youth Sport (2012)

Armour, Kathleen [editor]

CO GV361 R47 2012

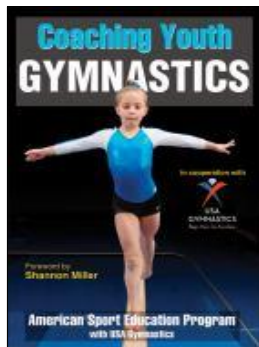
Located in Fr Jose T Bacatan SJ Library – Circulation Section

This is the first research methods book to focus entirely on physical education and youth sport. Each chapter includes a full range of useful pedagogical features, including chapter summaries, practical activities, case studies, dialogues with active researchers and guidance on further reading and resources.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION

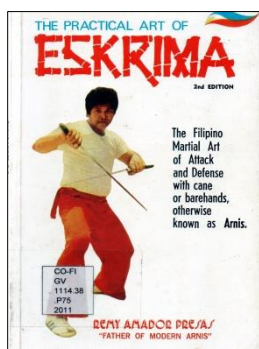


Coaching Youth Gymnastics (2011)

American Sport Education Program with USA Gymnastics
CO G461.7 C63 2011

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Developed by ASEP in cooperation with USA Gymnastics, Coaching Youth Gymnastics covers all the basics of coaching and gymnastics in a concise style that is customized for entry-level gymnastics coaches. Techniques and skills for bars, floor, balance beam, and vault are presented by skill level rather than by age groups and are applicable to both boys and girls where appropriate. This book will help you to create an environment that promotes learning, enjoyment, safety, and motivation for youth gymnasts.

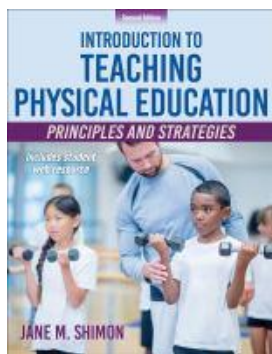


The Practical Art of Eskrima: Unarmed and Weapon Self-Defense " The Philippin's Stick Fighting" (ARNIS) (2011)

Presas, Remy Amador
CO-FI GV1114.38 .P75 2011

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section

The Filipino Martial Art of attack and defense with cane or barehands, otherwise known as Arnis, is the subject of this book. Unarmed and weapon self-defense, "The Philippine's Stick Fighting" (Arnis) is covered.



Introduction to teaching physical education: principles and strategies (2020)

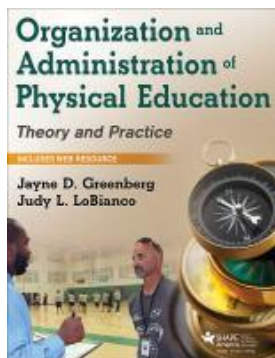
Shimon, Jane M.
CO GV 361 .S466 2020

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Introduction to Teaching Physical Education, Second Edition, is the ideal starting point for students considering a career in the field. This updated text delves into the theoretical, practical, and inspirational aspects of teaching physical education.

Search library resources at: <http://210.213.146.180:8080/#section=home>
Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



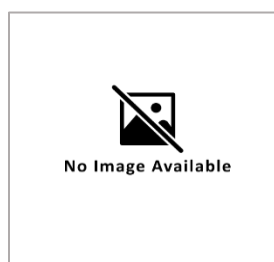
Organization and administration of physical education: theory and practice (2020)

Greenberg, Jayne D., Judy L. LoBianco

CO GV 343.5 .O74 2020

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Organization and Administration of Physical Education: Theory and Practice presents the five major areas of administrators' responsibilities. Award-winning educators offer wisdom and practical tools for leading 21st-century schools.

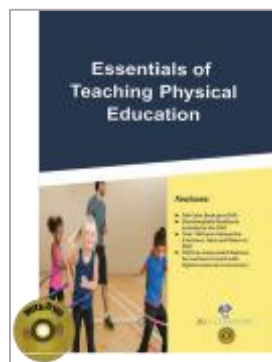


Careers in popular sports (2019)

Wilson, Jacob

CO GV 703 .W55 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section



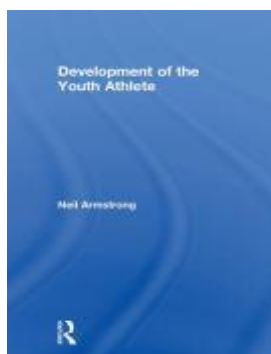
Essentials of teaching physical education (2019)

3G E-Learning, LLC, USA

CO GV 365 .T4712 2019 / CO-DVD GV 365 .T4712 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Deals with enduring themes and contemporary issues in primary and secondary physical education. Helps teachers to use the teaching for learning approach to K-12 physical education. Offers a wealth of knowledge for teaching today's diverse student population.



Development of the youth athlete (2019)

Armstrong, Neil

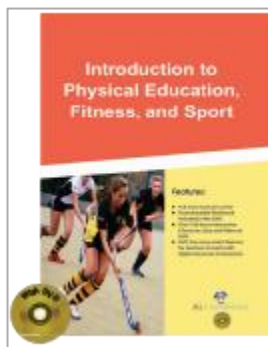
CO-N RJ 133 .A76 2019

Development of the Youth Athlete offers a single-authored, well-illustrated, evidence-based, and integrated analysis of the development and trainability of the morphological and physiological characteristics which influence sport performance in youth. The book critically analyses the development of the youth athlete in the context of current and future sport performance and long-term health and well-being. Development of the Youth Athlete identifies the principal controversies in youth sport and addresses them through sport-specific examples.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



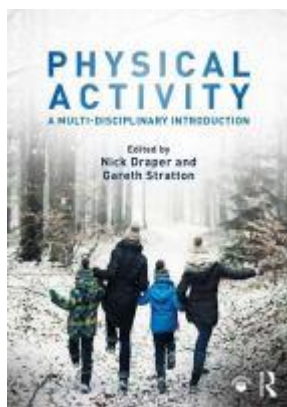
Introduction to physical education, fitness, and sport (2019)

3G E-Learning LLC

CO GV 341 .T4716 2019 / CO-DVD GV 341 .T4716 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Focuses on current trends and issues facing physical education. Includes a discussion of careers and professional issues in all areas of physical education and kinesiology. Demonstrates goal-setting techniques to enhance physical/skill performance.



Physical activity: a multi-disciplinary introduction (2019)

Nick Draper, Gareth Stratton (editors)

CO GV 341 .P456 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Physical activity and its relationship to health is one of the great issues of our age. The causes of, and solutions to, physical inactivity are complex and multi-dimensional, and therefore the subject needs to be studied and understood from a variety of perspectives. This is the first textbook to provide a truly multi-disciplinary introduction to physical activity studies.

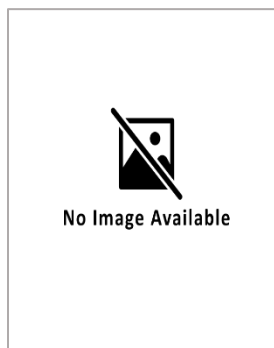
Offering a complete foundation to the subject, it covers the basics of every core discipline from biochemistry, public health and biomechanics to physiology, sport psychology and sociology. It introduces a full range of topics across the physical activity curriculum, including behaviour change, motor skill development, nutrition, exercise prescription, public health policy, and physical education, providing a well-balanced and international perspective on each important issue. There is also a strong emphasis throughout the book on the practical, applied dimensions of physical activity, including innovative approaches to promotion and intervention tailored to every age range and environment.

Physical Activity: A Multi-disciplinary Introduction is an indispensable companion to any course or degree programme with an emphasis on physical activity and health. A variety of exclusive eResources to aid teaching and learning are also available via the Routledge website.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION

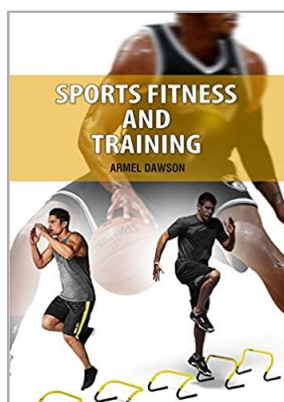


P.E. 1 – Physical fitness and related activities (2019)

Ballercer, Meynardo L.

CO-FI GV341 .B35 2019

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section



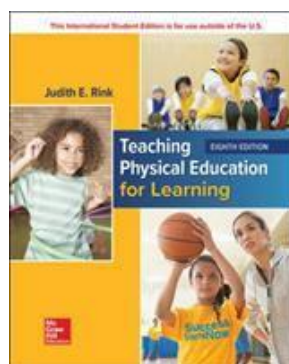
Sports fitness and training (2019)

Dawson, Armel

CO-N RC 1235 .D39 2019

Located in Nursing Library

Fitness and wellness -- Aerobic exercise -- Anaerobic exercise -- Flexibility exercise -- Training gadgets -- Sports training with modern equipment.



Teaching physical education for learning (2020)

Rink, Judith E.

CO GV 363 .R56 2020

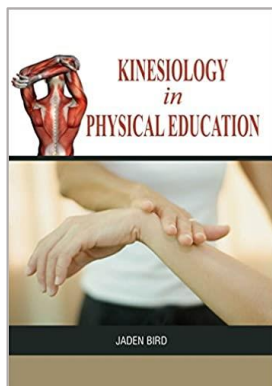
Located in Fr Jose T Bacatan SJ Library – Circulation Section

Teaching Physical Education for Learning guides future physical education teachers in designing effective learning experiences for students grades K-12. This user-friendly text emphasizes developing students' motor skills and physical abilities through interactive teaching strategies. Physical education teachers will not only learn instructional skills, but also how to adapt their teaching to different content and student needs.

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



Kinesiology in physical education (2018)

Bird, Jaden

CO QP 303 .B57 2018

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Kinesiology is the study of human and nonhuman animal-body movements, performance, and function by applying the sciences of biomechanics, anatomy, physiology, psychology, and neuroscience. Applications of kinesiology in human-health include physical education teacher, the rehabilitation professions, such as physical and occupational therapy, as well as applications in the sport and exercise industries. Kinesiology is a field of scientific study, and does not prepare individuals for clinical practice. Complex types of activities are found more in the field of sport.



Teaching quality health & physical education (2018)

Dudley, Dean [and four others]

CO-N RA 440.3.A88 D83 2018

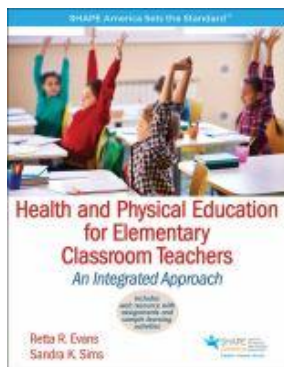
Located in Nursing Library

Taught well, Health and Physical Education can provide purposeful, stimulating and challenging learning experiences. It can help children to develop sophisticated understanding, skill and capabilities through their bodies and to see greater meaning in not only what they are learning but also their wider lives; and it can enrich all other aspects of the curriculum. This practical new text will help pre- and in-service teachers to develop and implement quality health and physical education experiences in primary schools. It introduces the general principles of teaching and learning in Health and Physical Education and explains why this learning area is an important part of the Australian Curriculum. Chapters then discuss considerations and practical implications for teaching both health and physical education using a strengths-based approach. Packed with evidence-based and research-informed content, this valuable text also includes numerous examples and activities that help you bridge the gap from theory to real-world practice. Above all, it will give educators the confidence to teach primary health and physical education so that every child benefits.

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PHYSICAL EDUCATION



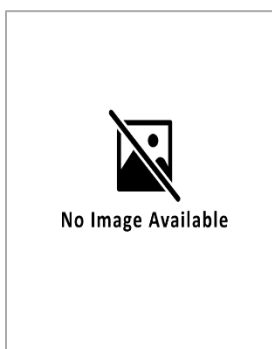
Health and physical education for elementary classroom teachers: an integrated approach (2016)

Evan, Retta R. Sandra K. Sims

CO LB 1588.U6 E83 2016

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Health and Physical Education for Elementary Classroom Teachers will help teachers who might not have specialist training to deliver innovative health education and physical education lessons and concepts into their classrooms. It covers both subjects in one handy resource and is aligned with national health education, physical education, and state-specific academic standards.

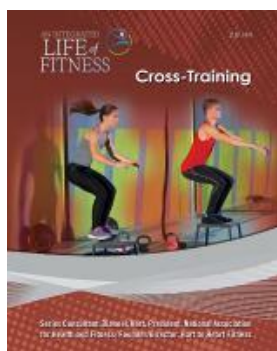


How to play women gymnastics (2016)

CO GV 464 .H697 2016

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Women gymnastics - an introduction -- Development of women gymnastics apparatus -- Skills and techniques of women gymnastics -- Rules of women gymnastics -- strength training for women gymnasts.



Cross-training (2015)

Hill, Z.B.

CO GV 481 .H48 2015

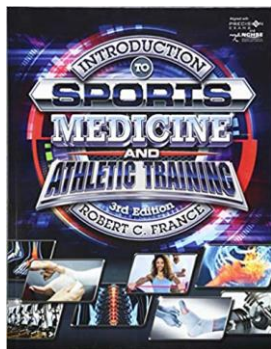
Located in Fr Jose T Bacatan SJ Library – Circulation Section

Today, many athletes are using cross-training to push their bodies further. Cross-training means doing different sets of exercises meant to work different muscles. When athletes do a lot of one type of workout, cross-training can be a good way to make sure they don't forget to work out a different set of muscles. But cross-training isn't only for athletes. You can benefit from cross-training, too. Learn about how cross-training can help you lose weight or stay in shape, and find out how to stay safe while working out. Discover how cross-training can put you on a path to lifelong activity and fitness!

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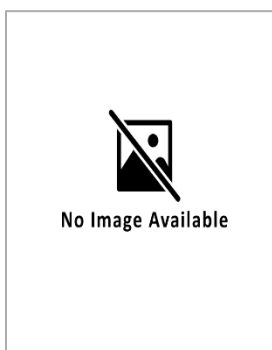
Introduction to sports medicine and athletic training (2020)

France, Robert C.

CO-N RC 1210 .F73 2020

Located in Nursing Library

France's INTRODUCTION TO SPORTS MEDICINE AND ATHLETIC TRAINING, 3rd Edition, equips you with a solid understanding of the functional concepts of the human body and then teaches you how to apply that knowledge to real-life practice. It combines comprehensive coverage of Nutrition, Sports Psychology, Kinesiology and therapeutic modalities with the latest research, concussion protocols and guidelines for First Aid, CPR and AED. An all-new section is devoted to athletes with disabilities and their right to participate, and an entire chapter is dedicated to special challenges that athletes face. Vivid illustrations, photos, artwork and diagrams bring chapter concepts to life. In addition, insight into a wide range of careers in the Sports Medicine field helps you plan for the future. It's the ideal text for anyone interested in athletics and the medical needs of athletes.



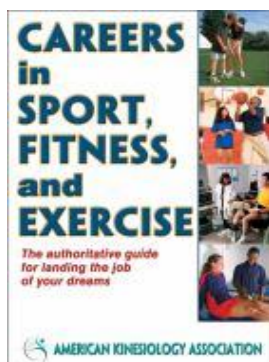
Fitness and wellness in sports (2019)

Agrawal, Ram Naresh

CO GV 567.5 .F58 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Introduction -- Personality and sport -- Sports and physical fitness -- Exercise for fitness and wellness -- Current physical education curricula - - Flexibility component in physical fitness -- The Fitness components in sports -- Health benefits of physical fitness -- Physiological effects of exercise in sports.



Careers in sports, fitness, and exercise (2011)

American Kinesiology Association

CO GV 734.3 C37 2011

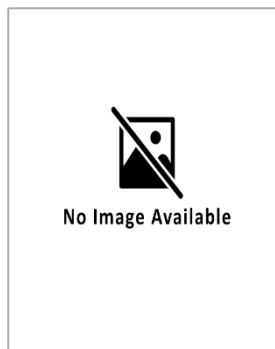
Located in Fr Jose T Bacatan SJ Library – Circulation Section

The complete resource for anyone aspiring to a vocation focused on sport and fitness offers chapters written by experts in their respective fields. Careers in Sport, Fitness, and Exercise details job descriptions, information on working conditions, salary ranges, responsibilities, key skills, and required certifications for 36 professions.

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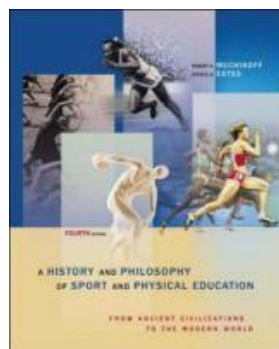
The history and development of physical education and sports in the Philippines (1965)

Ylanan, Regino R., Carmen Wilson Ylanan

CO-FI GV 303 .Y52 1965

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section

Physical education -- Sports and athletic associations -- The Philippines in international competition.



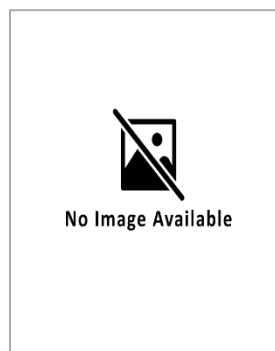
A History and philosophy of sport and physical education: from ancient civilizations to the modern world (2006)

Mechikoff, Robert A., Steven G. Estes

CO GV 211 M43 2006

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Section I Ancient Civilizations; 1 History and Philosophy in Sport and Physical Education; 2 Sumer, Egypt, China, and Mesoamerica; 3 Greece; 4 Rome; Section II From the Spiritual World to the Secular World: Changing Concepts of the Body; 5 Philosophy, Sport, and Physical Education During the Middle Ages 900-1400; 6 The Renaissance.

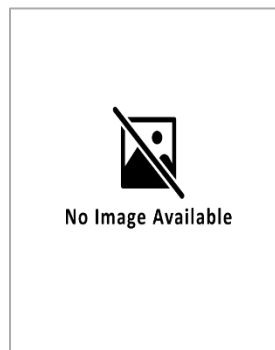


Physical education 3: individual/dual sports (2010)

Alvarez, Myrna N., Rosalia N. Erpelo and Robert M. Victorio.

CO-FI GV 341 P49 2010

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section



Physical activities for the Filipina (1983)

Ravello, Sofia A.

CO-FI GV 303 .R38 1983

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section

Introduction to physical education -- Fundamental skills of movement and body mechanics -- Gymnastics -- Team sports -- Individual and dual sports -- ...

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



Measurement and evaluation in physical activity applications: exercise science, physical education, coaching, athletic training, and health (2019)

Bishop, Phillip A.

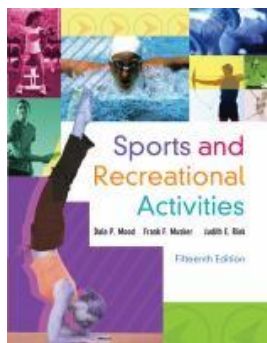
CO QP 301 .B47 2019

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Measurement and Evaluation in Physical Activity Applications offers the most accessible, student-friendly introduction to the principles and practice of measurement in physical activity available. Fully revised and updated, the second edition provides students with a clear guide to the obstacles to good measurement, and how to apply the principles of good measurement to a range of physical activity disciplines.

Spanning applications in exercise science, sports performance, physical education, sports coaching, athletic training, and physical activity and health, the book also includes chapters on the key principles underlying good measurement practice--validity, reliability, and objectivity--as well as an introduction to using statistics and qualitative measurement.

Structured to reflect single-semester classes, and involving students at every stage through its rich pedagogy and accessibility, this is a crucial resource for introducing students to the principles of best practice in measurement and evaluation. It is the ideal learning aid for any students studying measurement, evaluation, or assessment in kinesiology, exercise science, sports coaching, physical education, athletic training, and health and fitness.



Sports and recreational activities (2012)

Mood, Dale P., Frank F. Musker, Judith E. Rink

CO GV 704 M66 2012

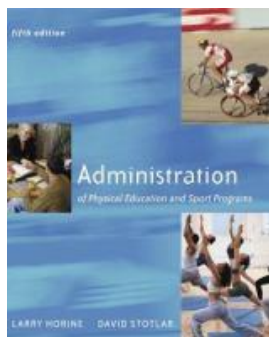
Located in Fr Jose T Bacatan SJ Library – Circulation Section

Designed for teachers, future teachers, and participants, this comprehensive text provides fundamental information on 40 different sports and recreational activities. The text prepares you for the playing field and gym by covering teaching considerations, techniques, lead-up games, drill activities, and information on teaching special populations. Also included is an overview of all aspects of each sport, including history, equipment, fundamental skills, rules, strategy, etiquette, and more. Hundreds of photos and drawings make it easy to grasp the skills and rules of each sport.

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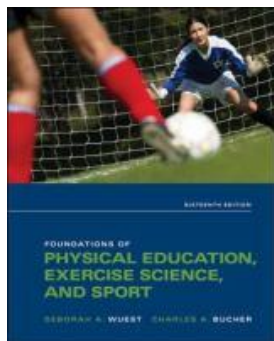
Administration of physical education and sport programs (2004)

Horine, Larry, David Stotlar

CO GV 713 H67 2004

Located in Fr Jose T Bacatan SJ Library – Circulation Section

This undergraduate text presents the theory and practice of the administration of physical education and sport programs in an easy-to-read, easy-to-use format. With a strong background in history, Administration of Physical Education and Sport Programs addresses current topics and trends in management and administration, while investigating the future of athletic administration. With general topics covering the basics of management and administration, to more topic specific chapters discussing public relations, communications and law, this text covers everything students need for administration courses.



Foundations of physical education, exercise science, and sport (2009)

Wuest, Deborah A., Charles A. Bucher

CO GV 341 W84 2009

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Integrating the traditional presentation of the nature, scope, philosophy, and history of physical education and sport with the growing career opportunities available within this dynamic field, this text addresses the challenges and the future of the discipline. It emphasizes preparation for a diversity of careers, addressing areas such as teaching, coaching, exercise leadership, athletic and personal training, sport management, and sport media.

Athletic activities: levels of involvement, perceived benefits and disadvantages among student athletes of Ateneo de Zamboanga University (2010)

Khama, Dana Aiza I., Nur-elnazeem J. Hadji, Mharwia Burong.

CO-FI-TS GV663.P45 K43 2010

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section – Undergraduate Theses Area

Familiarity and Practice of Filipino Traditional Games among Selected Students in Barangay Talon-Talon (2015)

Abduhalim, Alkhaled A. and Ahmad Wilrogelson T. Mangilog

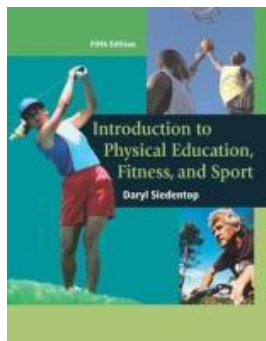
CO-FI-TS GV 1204.76 .A23 2015

Located in Fr Jose T Bacatan SJ Library – Filipiniana Section – Undergraduate Theses Area

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Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION



Introduction to physical education, fitness, and sport (2004)

Siedentop, Daryl.

CO GV 341 S53 2004

Located in Fr Jose T Bacatan SJ Library – Circulation Section

Authored by one of the leading experts in the field, this comprehensive text introduces students to the fields of physical education, exercise science, and allied health - presenting the history and trends in physical education and the human movement sciences. The text includes a discussion of careers and professional issues in all areas of physical education and kinesiology, as well as an introduction to the major subfields, including exercise physiology; biomechanics; motor learning, control, and development; sport sociology; sport and exercise psychology; sport pedagogy; sport humanities; and related areas in athletic training, sport management, and allied health. In addition, this title provides students with instant access to an Online Learning Center. This ancillary sets them up for success with articles and research on physical education, interactive quizzes and activities, test preparation flashcards, and other resources.

A feasibility study on the establishment of martial arts school in Zamboanga City (2001)

Alinsaňgan, Neil B.

GR-FI-TS GV 1102 A44 2001

Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area

Pansak Yakan: dances of the Yakan from Lamitan, Basilan (2016)

Pasilan, Earl Francis C.

GR-FI-TS GV 1580 P37 2016

Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area

Yakans' traditional dances in the Lami-Lamihan Festival: a dance documentation (2004)

Sumayang, Pureza L.

GR-FI-TS GV 1580 S85 2004

Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area

The collegiate service physical education program of Ateneo de Zamboanga: an assessment (2000)

Buenvendida, Rogelio G.

GR-FI-TS GV 201 B83 2000

Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

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The sports program of the division of Zamboanga City: proposed sports training scheme (2011)

Cuaresma, Rommel A.

GR-FI-TS GV 201 C82 2011

Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area

The physical education program in the tertiary level of Ateneo de Zamboanga: an evaluative study (2011)

Quiocho, Sonia M.

GR-FI-TS GV 201 Q84 2011

Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area

An assessment on the management of intercollegiate sports program of Trinity University of Asia: basis for an action plan (2006)

Natividad, Niño Rejhi J.

GR-FI-TS GV 561 N37 2006

Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area

Zamboanga Ten-Pin Bowling Lane Veterans Ave., Zamboanga City (1996)

Del Castillo, Generoso Jr.

GR-FI-TS GV 907 D44 1996

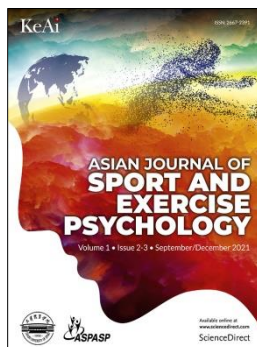
Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area

The establishment of a new Automatic Bowling Center, Tetuan Highway, Zamboanga City (1999)

Tangon, Dioscora L.

GR-FI-TS GV 907 T36 1999

Located in Fr Jose T Bacatan SJ Library – Reference Section - Graduate Theses and Dissertation Area



Asian Journal of Sport and Exercise Psychology

Full-text available from July 2021 to December 2021

Available in ScienceDirect E-journals

Aims to promote understanding and enhancement of sport and exercise psychology research and practice around the world. We are particularly interested in research that is conducted in, or is relevant to the 60+ countries in Asia and the Pacific region. AJSEP publishes scholarly reports that advance our understanding of human behaviour in relation to physical activity, human movement, exercise, and sport.

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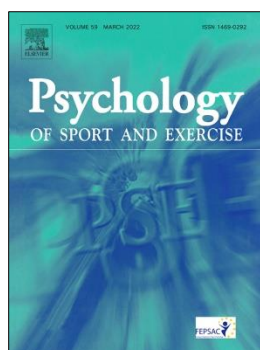


Journal of Sport and Health Science

Full-text available from 2012 to present

Available in ScienceDirect E- journals

A peer-reviewed, international, multidisciplinary journal dedicated to the advancement of sport, exercise, physical activity, and health sciences. JSHS publishes original and impactful research, topical reviews, editorials, opinion, and commentary papers relating physical and mental health, injury and disease prevention, traditional Chinese exercise, and human performance.



Psychology of Sport and Exercise

Full-text available from 2003 to present

Available in ScienceDirect E- journals

An international forum for scholarly reports in the psychology of sport and exercise, broadly defined. The journal is open to the use of diverse methodological approaches. Manuscripts that will be considered for publication will present results from high quality empirical research, systematic reviews, meta-analyses, commentaries concerning already published PSE papers or topics of general interest for PSE readers, protocol papers for trials, and reports of professional practice (which will need to demonstrate academic rigour and go beyond mere description).



Science & Sports

Full-text available from 1986 to present

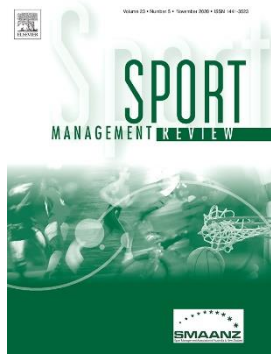
Available in ScienceDirect E- journals

A peer-reviewed journal, publishing worldwide high-quality and impactful papers of medical, scientific and applied technical research in the different fields of sports and physical activities: sport medicine, exercise physiology, sport physiology and performance, nutrition, traumatology relating to sport, rehabilitation or adapted physical activities. It facilitates the transfer of knowledge and technology between the clinic, research and practice in physical and athletic activity.

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PHYSICAL EDUCATION

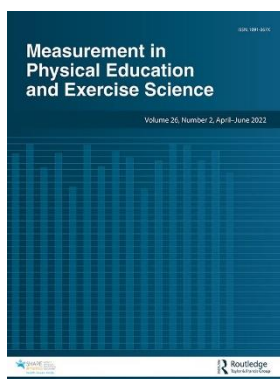


Sport Management Review

Full-text available from 1998 to 2020

Available in ScienceDirect E-journals

Sport Management Review is published as a service to sport industries worldwide. It is a multidisciplinary journal concerned with the management, marketing, and governance of sport at all levels and in all its manifestations -- whether as an entertainment, a recreation, or an occupation. The journal encourages collaboration between scholars and practitioners. It welcomes submissions reporting new research, new applications and advances in theory. The language of publication is English. Submissions are peer reviewed.[Source: SMAANZ]

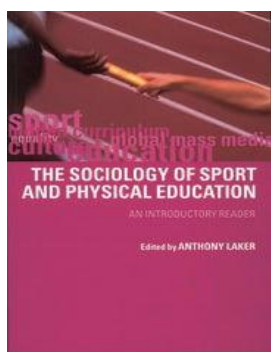


Measurement in Physical Education & Exercise Science

Full-text available from 1997 to present

Available in EBSCO E-journals

Attempts to offer ways to gain a better understanding of humans by measuring their physical performance.



Sociology of Sport & Physical Education (2002)

Laker, Anthony

Taylor & Francis Ltd

Available in EBSCO E-books

This text, intended for undergraduates on various education and sport related degree courses, covers the key, current issues in the field of sociology of sport and physical education. The first section of the text covers the importance of sport in culture, its theoretical background, and methodological issues in research. The main body of the text then discusses issues including the sporting body, participation and socialisation into sport, the hidden curriculum, critical pedagogy, and sport and the media. Laker discusses in depth gender, race and ethnicity, class, and equality, and he looks at sport and the media, and the involvement of politics. The chapters are each rounded off with challenging 'reflection' questions, activities and tasks for the reader to fulfill. [Source: Routledge]

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PHYSICAL EDUCATION

Design and Research of Physical Education Platform Based on Artificial Intelligence (2022)

Ba, Yufeng and Liu, Zhenfeng
Scientific Programming, pp. 1-7
Available in EBSCO E-articles

Analysis on the Penetration of Emotional Education in College Physical Education Based on Emotional Feature Clustering (2022)

Guo, Hong and Wang, Miqi
Scientific Programming, pp. 1-11
Available in EBSCO E-articles

Elements and Overall Optimization of University Self-Organizing Physical Education Teaching System Based on Holistic Theory (2022)

Li, Min and Zhong, Jianwei
Scientific Programming, pp. 1-9
Available in EBSCO E-articles

Knowledge, Attitudes and Practices of Barrier Measures Related to COVID-19 among Students during Physical and Sports Education Classes in Colleges in the Republic of Benin in 2020 (2022)

Affidéhomé, Tonon Brigitte [and six others]
International Journal of Medicine & Public Health, vol. 12 no. 1, pp. 24-2
Available in EBSCO E-articles

The Visual Movement Analysis of Physical Education Teaching considering the Generalized Hough Transform Model (2022)

Liu, Jianmin and Li, Yuan
Computational Intelligence & Neuroscience, pp. 1-11
Available in EBSCO E-articles

Discussion on the Teaching Method of Using Cloud Computing Technology to Improve the Stability Training of the Trunk Pillar in College Physical Education Curriculum (2022)

Wang, Yongan and Feng, Yun
Scientific Programming, pp. 1-7
Available in EBSCO E-articles

Enlightenment of Physical Education Teaching Experiment Based on Cloud Computing to the Current Physical Education Reform (2022)

Wang, Feng
Scientific Programming, pp. 1-11
Available in EBSCO E-articles

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PHYSICAL EDUCATION

State of the Regulatory Basis and Conditions in the Learning Environment for Providing Class and Extracurricular Activities in Physical Education and Sport (2021)

Ignatov, G. and Echeva, G.

Trakia Journal of Sciences, vol. 19, pp. 677-683

Available in EBSCO E-articles

Opinions of Pupils and Teachers of Primary Schools in Slovakia on Thematic Unit - Sports Games in Physical and Sport Education (2021)

Adamčák, Štefan, Nemec, Miroslav and Bartík, Pavol

European Journal of Contemporary Education, no. 4, pp. 840-853

Available in EBSCO E-articles

Some Aspects of the Physical Education and Sport Teaching Contents at the Secondary Schools (2021)

Kostova, N.

Trakia Journal of Sciences, vol. 19, pp. 830-835

Available in EBSCO E-articles

Dynamic Analysis of College Physical Education Teaching Quality Evaluation Based on Network under the Big Data (2021)

Feng, Bin

Computational Intelligence & Neuroscience, pp. 1-13

Available in EBSCO E-articles

A physical education teacher motivation from the self-evaluation framework (2022)

Su, Jintao, Xiaoling Pu, Kusum Yadav and Manikandan Subramnaiya

Computers & Electrical Engineering, vol. 98

Available in ScienceDirect E-articles

Augmented reality technology based on school physical education training (2022)

Liu, Yufei, VE Sathishkumar and Adhiyaman Manickam

Computers and Electrical Engineering, vol. 99

Available in ScienceDirect E-articles

Information and Communication Technology as an enabler for implementing Nonlinear Pedagogy in Physical Education: Effects on students' exploration and motivation (2022)

Komar, John, Jia YiChow, Masato Kawabata and Corliss Zhi YiChoo

Asian Journal of Sport and Exercise Psychology

Available in ScienceDirect E-articles

Search library resources at: <http://210.213.146.180:8080/#section=home>

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PHYSICAL EDUCATION

Association between physical education classes and physical activity among 187,386 adolescents aged 13–17 years from 50 low- and middle-income countries (2021)

Zhan, Xuzhi [and four others]

Journal de Pediatria, vol. 97 no. 5, pp. 571-578

Available in ScienceDirect E-articles

The expectancy-value theory: A meta-analysis of its application in physical education (2022)

Shang, Chaojie, Alexander Clayton Moss, and Ang Chen

Journal of Sport and Health Science,

Available in ScienceDirect E-articles

Letter to the editor regarding the article entitled “School physical education-based reinforced program through moderate-to-vigorous physical activity improves and maintains school children's cardiorespiratory fitness: A cluster-randomized controlled trial” – Author's reply (2022)

S. Guijarro-Romero, D. Mayorga-Vega, C. Casado-Robles, J. Viciania

Science & Sports

Available in ScienceDirect E-articles

Pre-service physical education teachers' attitude toward, and self-efficacy in, inclusive physical education: Measurement invariance and influence factors (2022)

Braksiek, Michael

Teaching and Teacher Education, vol. 109

Available in ScienceDirect E-articles

Innovation in physical education: Teachers' perspectives on readiness for wearable technology integration (2021)

Almusawi, Hashem A., Christopher M. Durugbo, Afaf M. Bugawa

Computers & Education, vol. 167

Available in ScienceDirect E-articles

Towards a better understanding of the role of perceived task variety in Physical Education: A self-determination theory approach (2021)

Abós, Ángel, LuisGarcía-González, Alberto Aibar, and Javier Sevil-Serrano

Psychology of Sport and Exercise, vol. 56

Available in ScienceDirect E-articles

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION

A qualitative exploration of technology use among preservice physical education teachers in a secondary methods course (2021)

Phelps, Ashley [and five others]

Teaching and Teacher Education, vol. 105

Available in ScienceDirect E-articles

Internet of things driven physical activity recognition system for physical education (2021)

Wang, Yan, BalaAnand Muthu and C.B. Sivaparthipan

Microprocessors and Microsystems, vol. 81

Available in ScienceDirect E-articles

Reconnecting Dance and Physical Education through Dance Science (2022)

Murray, Melonie B. and Steven Ross Murray

The Physical Educator, vol. 79 no. 1

Available in elibraryUSA (Gale Academic OneFile) E-articles

Physical Education and psychosocial care: reflections about interventions in CAPS and other urban spaces (2022)

Furtado, Roberto Pereira [and five others]

Ciência & Saúde Coletiva, vol. 27 no. 1

Available in elibraryUSA (Gale Academic OneFile) E-articles

Significance of High-Quality Physical Education Teachers (2021)

Cardina, Catherine E. and Alisa R. James

The Physical Educator, vol. 78 no. 5

Available in elibraryUSA (Gale Academic OneFile) E-articles

Incorporation of Physical Activity Challenges Within a Sport Education-Based Physical Education Class (2021)

Liu, Hairui and Peter Hastie

The Physical Educator, vol. 78 no. 5

Available in elibraryUSA (Gale Academic OneFile) E-articles

Web-Based and Face-To-Face Autonomy-Supportive Intervention for Physical Education Teachers and Students' Experiences (2021)

Tilga, Henri, Hanna Kalajas-Tilga, Vello Hein and Andre Koka

Journal of Sports Science and Medicine, vol. 20 no. 4

Available in elibraryUSA (Gale Academic OneFile) E-articles

Search library resources at: <http://210.213.146.180:8080/#section=home>

Visit library webpage at: <https://www.adzu.edu.ph/library/>

PHYSICAL EDUCATION

Predictors of Physical Activity Levels in University Physical Education Implementing Sport Education (2021)

Choi, Siu Ming [and five others]

Journal of Sports Science and Medicine, vol. 20 no. 3

Available in elibraryUSA (Gale Academic OneFile) E-articles

Adapted Physical Education Grading (2020)

Lucas, Matthew D.

Palaestra, vol. 34 no. 1

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Griffo, Janelle Marie

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Crotti, Matteo

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Moon, Jongho

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Kean, Ashley E.

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The Impact of an Inclusive Physical Education Class on the Mood of High School Students with Intellectual & Developmental Disabilities (2021)

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Holland, Katherine E.

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Brooks, Collin Chandler

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Co-teaching Training and Paired Placements in Physical Education Teacher Education Field Experience (2021)

Mullican, Jeanne Lynn

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A Case Study of a Physical Education and Fitness Program at a Southern Historically Black University (2021)

Campbell, Christine

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A Qualitative Study of Teachers' Experiences with Differentiated Instruction in Elementary Physical Education (2021)

Baumoel, Matthew

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Learning Analytics in Online Physical Education: Student Attributions Toward Heart Rate Monitoring (2021)

Castle, James M.

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"You Want to Teach What?" An Examination of Physical Education Teacher Candidates' Motivation to Teach Physical Education (2020)

Wylie, Rebecca C.

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The Uncommon Core: An Intrinsic Case Study of Physical Education Teachers' Knowledge of Social and Emotional Learning and Their Perceptions on Its Infusion into the Physical Education Curriculum (2020)

Vavra, Karoline Ann

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Physical Education, Games and Physical Activity: An Investigation into the Attitudes of Secondary School PE Teachers, How These Have Shaped Their Practice, and the Influence on Their Students (2020)

Dornan, Megan Mae

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Steele, Richard L.

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Kim, Mijoo

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Faith-Based Nutrition and Physical Education Awareness Programming for Reducing Body Mass Index (BMI) in Adolescents (2020)

Uchegbu, Davina Gloria

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Elementary Physical Education Teacher Perceptions of Motor Skill Assessment (2020)

Fisher, Jenna

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Full-text available from 2009 to present

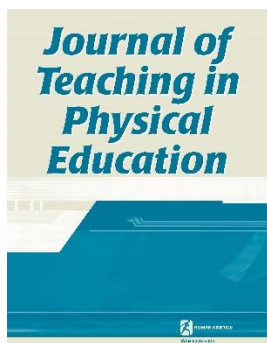
Available in eLibraryUSA (Gale Academic OneFile) E-journals

Covers specialized physical education and sport themes, including evolutionary standards, science education, educational-oriented, with application in physical education activities and sports.

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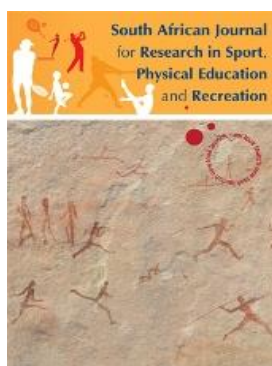


Journal of Teaching in Physical Education

Full-text available from 1987 to present

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Research articles based on classroom and laboratory studies, descriptive and survey studies, summary and review articles, and discussion of current topics of interest to physical educators at every level.

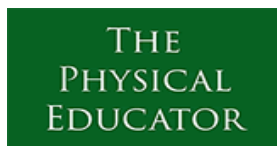


South African Journal for Research in Sport, Physical Education and Recreation

Full-text available from 2020 to present

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SAJRSPER is a peer-reviewed journal that publishes original research articles, systematic reviews, commentaries, and letters on topics related to Sport and Exercise science, Physical education and Recreation. This includes research of topics such as bio-mechanics, motor control, sport injuries and rehabilitation, clinical exercise interventions, physical education, as well as outdoor and recreation related topics.



The Physical Educator

Full-text available from 2000 to present

Available in elibraryUSA (Gale Academic OneFile) E-journals

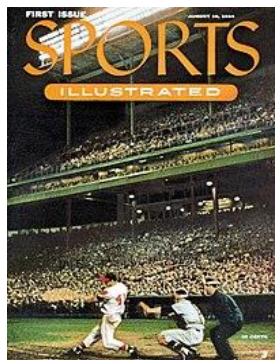
Trade publication-covering issues in physical education.



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Sports Illustrated

Full-text available from 1983 to 2010

Available in eLibraryUSA (Gale Academic OneFile) E-journals

A consumer magazine focusing on sports. Covers all types of popular sports, with articles on players, teams, sports, and society.



The Sport Journal

Full-text available from 2007 to present

Available in eLibraryUSA (Gale Academic OneFile) E-journals

Covers the areas of the United States Sports Academy's academic programs: management, coaching, and sports medicine as well as other pertinent sport topics.



Sport Marketing Quarterly

Full-text available from 2009 to present

Available in eLibraryUSA (Gale Academic OneFile) E-journals

Publishes sport marketing information for both practicing professionals and academicians covering knowledge or existing concepts and theories in sport marketing, including research that advances the study and practice of sport marketing. Relevant to the professional interests of the sport marketing community.



Sport Sciences for Health

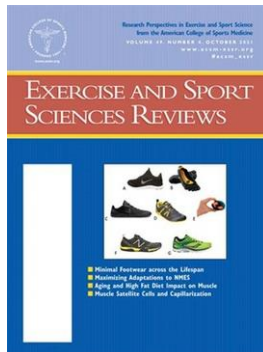
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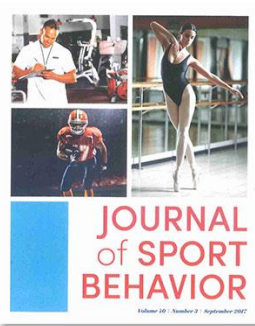


Exercise and Sport Sciences Reviews

Full-text available from 2018 to present

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Covers contemporary scientific, medical, and research-based topics emerging in the field of sports medicine and exercise science. Provides topical information to students, professors, clinicians, scientists, and professionals for practical and research applications.

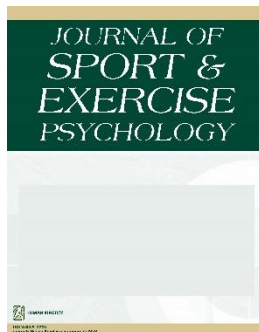


Journal of Sport Behavior

Full-text available from 1993 to present

Available in eLibraryUSA (Gale Academic OneFile) E-journals

A journal focusing on anthropological, sociological, and psychological aspects of sport for the academic audience.

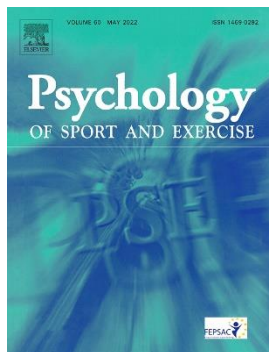


Journal of Sport & Exercise Psychology

Full-text available from 1992 to 2008

Available in eLibraryUSA (Gale Academic OneFile) E-journals

Journal of research and theory in sport and exercise psychology.



Psychology of Sport & Exercise

Full-text available from 2005 to current

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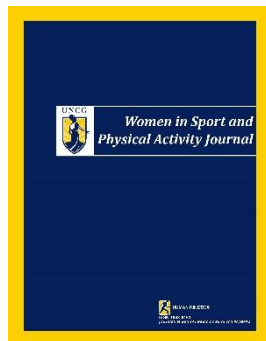


Sociology of Sport Journal

Full-text available from 1999 to 2015

Available in eLibraryUSA (Gale Academic OneFile) E-journals

Journal of research and theory on the sociology of sports issues.

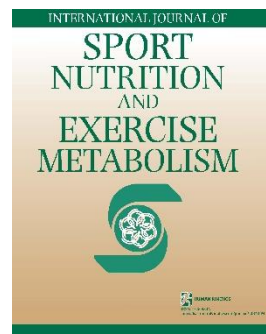


Women in Sport & Physical Activity Journal

Full-text available from 2000 to 2012

Available in eLibraryUSA (Gale Academic OneFile) E-journals

Scholarly journal covering women in sports.

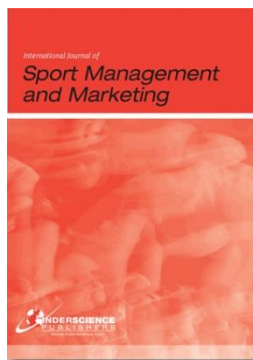


International Journal of Sport Nutrition

Full-text available from 1998 to 2000

Available in eLibraryUSA (Gale Academic OneFile) E-journals

Sports and recreation, cooking and food, nutrition; general and consumer interest; consumer news and advice; health and medicine



International Journal of Sport Management and Marketing

Full-text available from 2005 to present

Available in eLibraryUSA (Gale Academic OneFile) E-journals

Aims to present current practice and research in the area of sport management and marketing.

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The world's most valuable and comprehensive scholarly, multi-disciplinary full-text database, with more than 8,500 full-text periodicals, including more than 7,300 peer-reviewed journals. The database features PDF content going back as far as 1887, with the majority of full text titles in native (searchable) PDF format.

- **CINAHL® with Full Text**

The world's most comprehensive source of full text for nursing & allied health journals, providing full text for more than 610 journals indexed in CINAHL®. This authoritative file contains full text for many of the most used journals in the CINAHL index - with no embargo. Full-text coverage dates back to 1981.

- **Education Research Complete**

The definitive online resource for education research. Topics covered include all levels of education from early childhood to higher education, and all educational specialties, such as multilingual education, health education, and testing. Education Research Complete provides indexing and abstracts for more than 2,100 journals, as well as full text for more than 1,200 journals, and includes full text for nearly 500 books and monographs.

- **ERIC, the Education Resource Information Center**

Provides access to education literature and research. The database provides access to information from journals included in the Current Index of Journals in Education and Resources in Education Index. Content includes journal articles, research reports, curriculum and teaching guides, conference papers, dissertations and theses, and books dating back to 1966.

- **OpenDissertations**

An open-access database built to assist researchers in locating both historic and contemporary dissertations and theses. Created with the generous support of the H.W. Wilson Foundation and the Congregational Library & Archives in Boston, it incorporates EBSCO's previously released American Doctoral Dissertations, and features additional dissertation metadata contributed by select colleges and universities from around the world. Providing researchers with citations to graduate research across a span of time, from the early 20th century to the present, this database will continue to grow through regular updates and new partnerships with graduate degree-granting institutions.

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Provides millions of articles from over 17,000 scholarly journals and other authoritative sources, including videos from BBC Worldwide Learning to thousands of podcasts and transcripts from CNN. It includes more than 11,000 peer-reviewed journals and major reference sets.
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A digital library of academic content in many formats and disciplines. The collections include top peer-reviewed scholarly journals as well as respected literary journals, academic monographs, research reports from trusted institutes, and primary sources. Journals are available in more than 60 disciplines in the humanities, social sciences, and sciences and mathematics.
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The world's most comprehensive collection of dissertations and theses from around the world, offering millions of works from thousands of universities. Each year hundreds of thousands of works are added. Full-text coverage spans from 1743 to the present, with citation coverage dating back to 1637.

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SEARCH HINT:

To further your search on physical education, use the keyword/s below:

physical education **“physical education”** **physical+education**

You may also use other keywords related to Physical Education:

Broader terms: Education
 Health Education

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Narrower terms: Coaching (Athletics)
College sports
Functional training
Movement education
Physical Education Teacher Assessment Instrument
Physical education for children
Physical education for older people
Physical education for people with disabilities
Physical education for women
Physical education for youth
Playground games

Related terms: Athletics
Exercise
Gymnastics
Sports
Dance
Physical fitness
Physical training
School exercises
Motor learning
Physical education facilities
Sporting goods
Sports sciences
Sports training

Compiler:

Agnes S. Lim | May 18, 2022

Marjorie P. Himor

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